AMINO ACIDS & PROTEINS 211 Chem

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Denaturation of proteins (Loss of protein conformations)

- It is the disruption of secondary, tertiary and quaternary protein structure (the protein native conformations).
- Denaturation is due to breaking of bonds responsible for the secondary, tertiary and quaternary protein structure **but not due to the breaking of peptide bonds** responsible for primary structure.
- We need denaturation as without it meats and other protein high products would stay chewy and hard to eat and swallow.

Denaturation of proteins (Loss of protein conformations)

- Reversible or irreversible
- Acid, alkaline, heat, alcohol, agitation and other factors can disrupt the chemical forces that stabilize proteins and can cause them to lose their shape (denature)
- Denaturation of proteins happens during food preparation (cooking, whipping, adding acids) or digestion (in the stomach with hydrochloric acid)

Protein Denaturation





(Native protein)

Denatured protein (Denaturated protein)

1- Strong acids or bases

They break hydrogen bonds between polar R groups and ionic bonds

2- Organic solvents

They disrupt the hydrophobic interactions.

3- Detergents

These amphipathic molecules (contain both hydrophobic and hydrophilic components) disrupt many weak chemical interactions.

4- Reducing agents

They convert disulfide bonds into sulfhydryl groups.

5- Salts of heavy metals

Heavy metals like Hg_2^+ and Pb_2^+ disrupt all salt bridges by forming ionic bonds with negatively charged ions and also unite with –SH groups.

6 -Temperature

As the temperature increases, weak interactions such as hydrogen bonds are disrupted.

7- Mechanical stress

Stirring and grinding actions disrupt the delicate forces required to maintain protein structures.

8- Repeated freezing and thawing

They cause disruption of the weak chemical interactions.

9- Agitation

It stretches chains until bonds break.

Changes due to protein denaturation

1- Decreased solubility due to exposure of the internal nonpolar groups.

2- Increased viscosity due to unfolding of the peptide chains and increase of molecular size.

3- Partial or complete Loss of biological activity as in the case of enzymes and hormones

4- Improved digestibility due to unfolding of the peptide chains.